

Preventing Injury and Illness at Work

Course Outline – All Employees

Module	Learning Objectives	# of Configurable Pages
Introduction	<ul style="list-style-type: none">• Identify the types of workplace hazards.• Recognize the importance of creating a safe and healthy workplace.	3
Overexertion & Stress	<ul style="list-style-type: none">• Identify the causes of physical exertion and how to avoid them.• Recognize the affect of stress on employees at work.	1
Slips, Trips, & Falls	<ul style="list-style-type: none">• Identify potential hazards for slips, trips, and falls.• Recognize preventative measures to avoid slips, trips, and falls.	1

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Environmental and Mechanical Hazards	<ul style="list-style-type: none">Identify the types of environmental and mechanical hazards.Recognize preventative measures to avoid these hazards.	1
Motor Vehicles	<ul style="list-style-type: none">Recognize potential causes of motor vehicle incidents.Identify ways to reduce the risks of transportation accidents.	1
Office & Building Hazards	<ul style="list-style-type: none">Identify potential office and building hazards at work.Recognize preventive measures to avoid office injuries.	1

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Emergency Action Plan	<ul style="list-style-type: none">Identify the necessary steps to report hazards at work.Recognize ways to respond to emergencies at work.	3